

Clean Catch Urine Collection Procedure - SHOW

- Wash hands thoroughly.
- Remove the lid of the container being careful not to touch the inside: open the towelette packs.
- WOMEN: Stand in a squatting position, using the towelette, wiping from front to back, cleanse the area around the urethra (where the urine comes out). Repeat with a clean wipe, throw used wipe in trash.
- MEN: Using the towelette, wipe the end of the penis using a circular motion (the foreskin of an uncircumcised male must first be retracted). Repeat with a clean wipe, throw used wipes in trash.
- Begin urinating in toilet.
- Touching only the outside of the container, bring the container into the stream until the container is half full.
- Finish urinating in toilet.
- Cover the container, wipe the outside of the container, and place back in the paper bag.
- Bring specimen to SHOW staff member.