

SMOKING HISTORY & ETS (SMQ)

SPID#: _____ Date: _____ Interviewer#: _____

The next questions are about your history of smoking.

The next set of questions will take about 10 minutes.

1. [SMQ.020] Have you smoked 100 or more cigarettes in your entire life?

SMQ020

FMT_YES_NO

Yes	1	
No	2	(Skip to Question 18)
Don't Know	D	(Skip to Question 18)
Refused	R	(Skip to Question 18)

2. [SMQ.030] How old were you when you started smoking cigarettes regularly? Please type in your age at the time that you started to smoke regularly. *If you never smoked regularly, write 0.*

SMQ030

FMT_NUMCAT

_ _ _	
Enter age in years	
Don't Know	D
Refused	R

3. [SMQ.040] Do you smoke cigarettes now?

SMQ040

FMT_YES_NO

Yes	1	
No	2	(Skip to Question 13)
Don't Know	D	(Skip to Question 18)
Refused	R	(Skip to Question 18)

4. [SMQ.050] On average, how many cigarettes do you now smoke per day? Please write in the number of cigarettes you now smoke per day. 1 pack equals 20 cigarettes. If you smoke less than 1 cigarette per day, write in 1. Please ask the interviewer if you need help in calculating the amount.

SMQ050

FMT_NUMCAT

_ _ _ _	
Enter number of cigarettes (per day)	
Don't Know	D
Refused	R

5. [SMQ.060] For about how many years have you smoked this amount? Please write in the number of years. If you have smoked this amount for less than 1 year, write in 1.

SMQ060

FMT_NUMCAT

SMOKING HISTORY & ETS (SMQ)

SPID#: _____

Date: _____

Interviewer#: _____

|_|_|_|

Enter number of years

Don't Know

D

Refused

R

6. [SMQ.062] How soon after you wake up do you smoke your first cigarette?
Please circle one response.

SMQ062

FMT_SMQ062_

Circle 1 if you smoke your first cigarette within 5 minutes.

1

Circle 2 if it is within 6 to 30 minutes.

2

Circle 3 if it is within 31 to 60 minutes.

3

Circle 4 if you smoke your first cigarette after 60 minutes.

4

Don't Know

D

Refused

R

7. [SMQ.064] Would you like to completely quit smoking cigarettes?

SMQ064

FMT_YES_NO

Yes

1

No

2

Don't Know

D

Refused

R

8. [SMQ.066] Are you seriously considering quitting smoking within the next 6 months?

SMQ066

FMT_YES_NO

Yes

1

No

2

Don't Know

D

Refused

R

9 [SMQ.070] In your whole life, how many times have you stopped smoking for one day or longer because you were trying to quit smoking? Please write in the number of times.

SMQ070

FMT_NUMCAT

|_|_|_|_|

Enter times

(If 0, skip to Question 18)

Don't Know

D

Refused

R

SMOKING HISTORY & ETS (SMQ)

SPID#:_____

Date:_____

Interviewer#:_____

10. [SMQ.080] About how many months ago was your most recent serious quit attempt?

SMQ080

FMT_NUMCAT

Please type in numbers of months. If your most recent attempt was within the past month, please write 1. If your most recent attempt was years ago, please convert the years to months. Feel free to ask your interviewer for assistance.

|_|_|_|

Enter number of months

Don't Know D

Refused R

SMOKING HISTORY & ETS (SMQ)

SPID#:_____ **Date:**_____ **Interviewer#:**_____

11. [SMQ.100] About how many months did you quit during your most recent serious quit attempt?
SMQ100 FMT_NUMCAT

Please write in the number of months. If your most recent attempt was less than one month, please write 1. If your most recent attempt lasted more than one year, please convert years to months. Feel free to ask your interviewer for assistance.

|_|_|_|_|

Enter number of months

Don't Know D

Refused R

12. [SMQ.115a] What methods have you used in your attempts to stop smoking?
SMQ115A,B,C,D,E,F FMT_YES_NO
SMQ115G_1,G_2,G_3,G_4,G_5,G_6 FMT_CHAR

For each method, answer: **1 for Yes,**
2 for No,
D for Don't Know
R for Refused,

- _____ a. Cold turkey (QUIT ALL AT ONCE WITH NO CUTTING DOWN AND NO OTHER HELP)
 - _____ b. Self-help guides
 - _____ c. Tobacco Quit Line
 - _____ d. Individual or group counseling
 - _____ e. Smoking cessation medication such as the nicotine patch, gum, or lozenge, or Zyban, or Chantix
 - _____ f. Something else (specify) _____
-

[After any response to Question 12, skip to Question 18.]

SMOKING HISTORY & ETS (SMQ)

SPID#:_____ **Date:**_____ **Interviewer#:**_____

13. [SMQ.120] How old were you when you stopped smoking? Please write in your age when you stopped smoking.

SMQ120 *FMT_NUMCAT*

|_|_|_|
 Enter age in years
 Don't Know D
 Refused R

14. [SMQ.130] When you were smoking regularly, how soon after you woke up did you smoke your first cigarette?

SMQ130 *FMT_SMQ062_*

Please circle one response.

- Circle 1 if you smoke your first cigarette within 5 minutes. 1
- Circle 2 if it is within 6 to 30 minutes. 2
- Circle 3 if it is within 31 to 60 minutes. 3
- Circle 4 if you smoke your first cigarette after 60 minutes. 4
- Don't Know D
- Refused R

15. [SMQ.140] On average, over the entire time you smoked, how many cigarettes did you smoke per day?

SMQ140 *FMT_NUMCAT*

Please write in the average number of cigarettes you smoked per day. 1 pack equals 20 cigarettes. If you smoked less than 1 cigarette per day, write in 1. If you smoked more than 95 cigarettes per day, write in 95, .

|_|_|
 Enter cigarettes per day
 Don't Know D
 Refused R

16. [SMQ.150] In your whole life, how many times have you stopped smoking for one day or longer because you were trying to quit smoking (including your successful attempt)?

SMQ150 *FMT_NUMCAT*

Please write the number of times.
 |_|_|_|
 Enter times

SMOKING HISTORY & ETS (SMQ)

SPID#: _____ **Date:** _____ **Interviewer#:** _____

Don't Know D
 Refused R

17. [SMQ.170] What methods did you use in your most recent successful attempt to stop smoking?

SMQ170A,B,C,D,E,F,G,H,I,J,K,L,M,N,O.P.Q.R.S FMT_YES_NO

For each method, answer: **1 for Yes,**
 2 for No,
 D for Don't Know
 R for Refused,

Did you use.....?

- _____ a. Quit cold turkey
- _____ b. Gradual Reduction
- _____ c. Tobacco quit line
- _____ d. Self-Help guides
- _____ e. Support Group
- _____ f. Group counseling or therapy
- _____ g. Hypnosis
- _____ h. Individual counseling or therapy
- _____ i. Nicotine gum
- _____ j. Nicotine inhaler
- _____ k. Nicotine lozenge
- _____ l. Nicotine nasal spray
- _____ m. Nicotine patch
- _____ n. Acupuncture
- _____ o. Bupropion
- _____ p. Chantix (generic: varenicline)
- _____ q. Wellbutrin

SMOKING HISTORY & ETS (SMQ)

SPID#: _____ **Date:** _____ **Interviewer#:** _____

- _____ r. Zyban
- _____ s. Other (Specify)

18. [SMQ.180] Do other people currently smoke cigarettes inside your home?

SMQ180 FMT_YES_NO

- Yes 1
- No 2 **(Skip to Question 22)**
- Don't Know D **(Skip to Question 22)**
- Refused R **(Skip to Question 22)**

19.[SMQ.190] How many people who live in your home, including yourself, smoke cigarettes inside your home? Please write in the number of people, including yourself.

SMQ190 FMT_NUMCAT

- |_|_|
- Enter number of people
- Don't Know D
 - Refused R

20.[SMQ.200] How many cigarettes in total do they smoke per day inside your home?

SMQ200 FMT_NUMCAT

Please write in the average number of cigarettes they smoke per day. 1 pack equals 20 cigarettes. If they smoke less than 1 cigarette per day write in 1. Please ask the interviewer if you need help in calculating the amount.

- |_|_|_|
- Enter cigarettes per day
- Don't Know D
 - Refused R

21. [SMQ.210] How much of the time are you currently exposed to cigarette smoke where you are close enough to smell the smoke **inside** your home?

SMQ210 FMT_NUMCAT

Please write in the number of hours per day.

- |_|_|
- Enter hours per day
- Don't Know D
 - Refused R

22. [SMQ.220] How much of the time are you currently exposed to cigarette smoke where you are

SMOKING HISTORY & ETS (SMQ)

SPID#: _____ **Date:** _____ **Interviewer#:** _____

close enough to smell the smoke **at work**?

SMQ220

FMT_NUMCAT

Please write in the number of hours per day.

|_|_|

Enter hours per day

Don't Know D

Refused R

23. [SMQ.230] Now think about a typical week. How many hours per week are you currently exposed to cigarette smoke in social settings **outside** your own home? This would include time spent with friends or relatives who smoke, time spent in restaurants or taverns, or other social affairs where people are smoking.

SMQ230

FMT_NUMCAT

Please write in the number of hours that you are exposed to smoke in a social setting during a typical week.

|_|_|_|

Enter hours per week

Don't Know D

Refused R