

SHOW 2008,2009

Section C: Life Events

Now, we'd like to know if certain events have happened to you recently. Both good and bad events can cause stress, which has an impact on health.

Please mark the circle next to each event that has happened to you during the past 12 months.

Occurred in your
life in the past
12 months



- | | | |
|--|------------|------------|
| <input type="radio"/> 1. Death of spouse or partner | QC_LIFE_1 | FMT_YES_NO |
| <input type="radio"/> 2. Divorce | QC_LIFE_2 | FMT_YES_NO |
| <input type="radio"/> 3. Separation from spouse or partner | QC_LIFE_3 | FMT_YES_NO |
| <input type="radio"/> 4. Detention in jail or other institution | QC_LIFE_4 | FMT_YES_NO |
| <input type="radio"/> 5. Death of a close family member other than spouse or partner | QC_LIFE_5 | FMT_YES_NO |
| <input type="radio"/> 6. Major personal injury or illness | QC_LIFE_6 | FMT_YES_NO |
| <input type="radio"/> 7. Marriage or civil union | QC_LIFE_7 | FMT_YES_NO |
| <input type="radio"/> 8. Being fired at work | QC_LIFE_8 | FMT_YES_NO |
| <input type="radio"/> 9. Reconciliation with spouse or partner | QC_LIFE_9 | FMT_YES_NO |
| <input type="radio"/> 10. Retirement from work | QC_LIFE_10 | FMT_YES_NO |
| <input type="radio"/> 11. Major change in the health or behavior of a family member | QC_LIFE_11 | FMT_YES_NO |
| <input type="radio"/> 12. Pregnancy | QC_LIFE_12 | FMT_YES_NO |
| <input type="radio"/> 13. Sexual difficulties | QC_LIFE_13 | FMT_YES_NO |
| <input type="radio"/> 14. Gaining a new family member (birth, adoption, older adult moving in, etc.) | QC_LIFE_14 | FMT_YES_NO |
| <input type="radio"/> 15. Major business readjustment (merger, reorganization, bankruptcy, etc.) | QC_LIFE_15 | FMT_YES_NO |
| <input type="radio"/> 16. Major change in financial state (a lot worse or better off than usual) | QC_LIFE_16 | FMT_YES_NO |

**Occurred in your
life in the past
12 months**



- | | | |
|---|------------|------------|
| <input type="radio"/> 17. Death of a close friend | QC_LIFE_17 | FMT_YES_NO |
| <input type="radio"/> 18. Changing to a different line of work | QC_LIFE_18 | FMT_YES_NO |
| <input type="radio"/> 19. Major change in the number of arguments with spouse or partner(either a lot more or a lot less than usual regarding child rearing, personal habits, etc.) | QC_LIFE_19 | FMT_YES_NO |
| <input type="radio"/> 20. Taking on a mortgage (for home, business, etc.) | QC_LIFE_20 | FMT_YES_NO |
| <input type="radio"/> 21. Foreclosure on a mortgage or loan | QC_LIFE_21 | FMT_YES_NO |
| <input type="radio"/> 22. Major change in responsibilities at work (promotion, demotion, etc.) | QC_LIFE_22 | FMT_YES_NO |
| <input type="radio"/> 23. Son or daughter leaving home (marriage, attending college, joined military, etc.) | QC_LIFE_23 | FMT_YES_NO |
| <input type="radio"/> 24. In-law troubles | QC_LIFE_24 | FMT_YES_NO |
| <input type="radio"/> 25. Outstanding personal achievement | QC_LIFE_25 | FMT_YES_NO |
| <input type="radio"/> 26. Spouse beginning or ceasing work outside the home | QC_LIFE_26 | FMT_YES_NO |
| <input type="radio"/> 27. Beginning or ceasing formal schooling | QC_LIFE_27 | FMT_YES_NO |
| <input type="radio"/> 28. Major change in living condition (new home, remodeling, deterioration of neighborhood or home, etc.) | QC_LIFE_28 | FMT_YES_NO |
| <input type="radio"/> 29. Revision of personal habits (dress, manners, associations, quitting smoking, etc.) | QC_LIFE_29 | FMT_YES_NO |
| <input type="radio"/> 30. Troubles with the boss | QC_LIFE_30 | FMT_YES_NO |
| <input type="radio"/> 31. Major changes in working hours or conditions | QC_LIFE_31 | FMT_YES_NO |
| <input type="radio"/> 32. Change in residence | QC_LIFE_32 | FMT_YES_NO |
| <input type="radio"/> 33. Changing to a new school | QC_LIFE_33 | FMT_YES_NO |

**Occurred in your
life in the past
12 months**



- 34. Major change in usual type and or amount of recreation**
QC_LIFE_34 FMT_YES_NO
- 35. Major change in church activity (a lot more or less than usual)**
QC_LIFE_35 FMT_YES_NO
- 36. Major change in social activities (clubs, movies, visiting, etc.)**
QC_LIFE_36 FMT_YES_NO
- 37. Taking on a loan (car, school, personal, etc.)** QC_LIFE_37 FMT_YES_NO
- 38. Major change in sleeping habits (a lot more or a lot less than usual)**
QC_LIFE_38 FMT_YES_NO
- 39. Major change in number of family get-togethers**
QC_LIFE_39 FMT_YES_NO
- 40. Major change in eating habits (a lot more or less food intake, or very
different meal hours or surroundings)** QC_LIFE_40 FMT_YES_NO
- 41. Vacation** QC_LIFE_41 FMT_YES_NO
- 42. Major holiday spent alone** QC_LIFE_42 FMT_YES_NO
- 43. Minor violations of the law (traffic tickets, jaywalking, disturbing
the peace, etc.)** QC_LIFE_43 FMT_YES_NO
- None of these events happened in the past 12 months**
QC_LIFE_44 FMT_YES_NO
- Don't know** QC_LIFE_45 FMT_YES_NO