

PTSD Checklist

Below is a list of problems and complaints that people sometimes have in response to stressful life experiences.

Please read each one below, and fill in the circle to indicate how much you have been bothered by the problem in the last month.

	Not at all	A little bit	Moderately	Quite a bit	Extremely
1. Repeated disturbing memories, thoughts, or images of a stressful experience from the past.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD01_R2		FMT_PTSD.
2. Feeling very upset when something reminded you of a stressful experience from the past.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD04_R2		FMT_PTSD.
3. Avoided activities or situations because they reminded you of a stressful experience from the past.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD07_R2		FMT_PTSD.
4. Feeling distant or cut off from other people.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD10_R2		FMT_PTSD.
5. Having trouble falling or staying asleep.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD13_R2		FMT_PTSD.
6. Feeling irritable or having angry outbursts.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD14_R2		FMT_PTSD.
7. Difficulty concentrating.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
			PTSD15_R2		FMT_PTSD.

