

Depression diagnostic and Severity Measure (PHQ)

PHQ001 The next set of questions is a list of problems that sometimes bother people. Listen to each one carefully. Please indicate how much you have been bothered by these problems.

This section will take about 5 minutes.

Enter **1** to continue.

<1> CONTINUE

PHQ010 Over the **past 2** weeks, how often have you been bothered by any of the following problems:

Little interest or pleasure in doing things?

Would you say not at all, several days, more than half the days, or nearly every day?

Enter **1** for not at all, **2** for several days, **3** for more than half the days, or **4** for nearly every day.

<1> NOT AT ALL

PHQ010 FMT_PHQ_OFTEN.

<2> SEVERAL DAYS

<3> MORE THAN HALF THE DAYS

<4> NEARLY EVERY DAY

<d> DON'T KNOW

<r> REFUSED

<q> REPLAY QUESTION

<a> REPLAY RESPONSES

<y> TURN QUESTION AUDIO OFF (SOUND IS NOW **ON)**

<z> TURN RESPONSE AUDIO OFF (SOUND IS NOW **ON)**

PHQ020 Over the **past 2** weeks, how often have you been bothered by any of the following problems:

Feeling down, depressed, or hopeless?

Would you say not at all, several days, more than half the days, or nearly every day?

Enter **1** for not at all, **2** for several days, **3** for more than half the days, or **4** for nearly every day.

<1> NOT AT ALL

PHQ020 FMT_PHQ_OFTEN.

<2> SEVERAL DAYS

<3> MORE THAN HALF THE DAYS

<4> NEARLY EVERY DAY

<d> DON'T KNOW

<r> REFUSED

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PHQ050 Over the **past 2** weeks, how often have you been bothered by any of the following problems:

Poor appetite or overeating?

Would you say not at all, several days, more than half the days, or nearly every day?

Enter **1** for not at all, **2** for several days, **3** for more than half the days, or **4** for nearly every day.

<1> NOT AT ALL

PHQ050 FMT_PHQ_OFTEN.

<2> SEVERAL DAYS

<3> MORE THAN HALF THE DAYS

<4> NEARLY EVERY DAY

<d> DON'T KNOW

<r> REFUSED

<q> REPLAY QUESTION

<a> REPLAY RESPONSES

<y> TURN QUESTION AUDIO OFF (SOUND IS NOW **ON**)

<z> TURN RESPONSE AUDIO OFF (SOUND IS NOW **ON**)

PHQ060 (Over the **past 2** weeks, how often have you been bothered by any of the following problems:)

Feeling bad about yourself – or that you are a failure or have let yourself or your family down?

Would you say not at all, several days, more than half the days, or nearly every day?

Enter **1** for not at all, **2** for several days, **3** for more than half the days, or **4** for nearly every day.

<1> NOT AT ALL

PHQ060 FMT_PHQ_OFTEN.

<2> SEVERAL DAYS

<3> MORE THAN HALF THE DAYS

<4> NEARLY EVERY DAY

<d> DON'T KNOW

<r> REFUSED

<q> REPLAY QUESTION

<a> REPLAY RESPONSES

<y> TURN QUESTION AUDIO OFF (SOUND IS NOW **ON**)

<z> TURN RESPONSE AUDIO OFF (SOUND IS NOW **ON**)

PHQ070 (Over the **past 2** weeks, how often have you been bothered by any of the following problems:)

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Trouble concentrating on things, such as reading the newspaper or watching television?

Would you say not at all, several days, more than half the days, or nearly every day?

Enter **1** for not at all, **2** for several days, **3** for more than half the days, or **4** for nearly every day.

<1> NOT AT ALL *PHQ070 FMT_PHQ_OFTEN.*
<2> SEVERAL DAYS
<3> MORE THAN HALF THE DAYS
<4> NEARLY EVERY DAY

<d> DON'T KNOW **<r> REFUSED**
<q> REPLAY QUESTION **<a> REPLAY RESPONSES**
<y> TURN QUESTION AUDIO OFF (SOUND IS NOW ON)
<z> TURN RESPONSE AUDIO OFF (SOUND IS NOW ON)

PHQ080 Over the **past 2** weeks, how often have you been bothered by any of the following problems:

Moving or speaking so slowly that other people could have noticed? Or the opposite- being so fidgety or restless that you have been moving around a lot more than usual?

Would you say not at all, several days, more than half the days, or nearly every day?

Enter **1** for not at all, **2** for several days, **3** for more than half the days, or **4** for nearly every day.

<1> NOT AT ALL *PHQ080 FMT_PHQ_OFTEN.*
<2> SEVERAL DAYS
<3> MORE THAN HALF THE DAYS
<4> NEARLY EVERY DAY

<d> DON'T KNOW **<r> REFUSED**
<q> REPLAY QUESTION **<a> REPLAY RESPONSES**
<y> TURN QUESTION AUDIO OFF (SOUND IS NOW ON)
<z> TURN RESPONSE AUDIO OFF (SOUND IS NOW ON)

[Skip PHQ090 if R answer <1> to all PHQ010-080]

PHQ090 How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

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Would you say not difficult at all, somewhat difficult, very difficult or extremely difficult?

Enter **1** for not difficult at all, **2** for somewhat difficult, **3** for very difficult, or **4** for extremely difficult.

<1> NOT DIFFICULT AT ALL
<2> SOMEWHAT DIFFICULT
<3> VERY DIFFICULT
<4> EXTREMELY DIFFICULT

PHQ090 FMT_PHQ090_.

<d> DON'T KNOW **<r> REFUSED**
<q> REPLAY QUESTION **<a> REPLAY RESPONSES**
<y> TURN QUESTION AUDIO OFF (SOUND IS NOW ON)
<z> TURN RESPONSE AUDIO OFF (SOUND IS NOW ON)