

Physical Activity in Minors

SELECTPROXYHFM

INTERVIEWER: SELECT WHICH ADULT WILL BE ANSWERING THE PARENT/GUARDIAN QUESTIONS FOR [MINOR'S FIRST NAME].

- <1> [ADULT 1 FIRST NAME] [ADULT 1 LAST NAME]
- <2> [ADULT 2 FIRST NAME] [ADULT 2 LAST NAME]
- <3> [ADULT 3 FIRST NAME] [ADULT 3 LAST NAME], etc
- <99> ADD A PERSON (**GO TO ADDPROXY_FNAM**)

ADPXHMFM

FIRST NAME:

LAST NAME:

WHAT IS HIS/HER RELATIONSHIP WITH [MINOR'S FIRST NAME]?

- <1> MOTHER/FATHER
- <2> GRANDMOTHER/GRANDFATHER
- <3> OTHER GUARDIAN

- <d> DON'T KNOW
- <r> REFUSED

AGE:

- <18-105> YEARS OLD

- <d> DON'T KNOW
- <r> REFUSED

HFM010_PRE1: IF AGE >=12 and < 18**[Spoken to both the minor and parent/guardian if AGE of SPID >= 12 and < 18]**

I'm going to read questions on a number of topics. Some questions will be asked directly to you, [minor's first name], and others to your parent or guardian.

We have to ask the questions as they have been written so that everyone has the same questions.

Please let me finish reading the **entire** question completely before you answer. From time to time I will refer to cards to prompt you for answers.

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I cannot interpret questions for you. Please choose the answer that is closest to what the question means to you. I will be happy to answer any questions you have about the interview when we are finished. We would like you to answer all the questions, but if anyone is uncomfortable with a question, you may choose not to answer it.

Do either of you have any questions before we begin?

The first questions will be on physical activity.

INTERVIEWER: HIT ENTER TO CONTINUE

HFM010_PRE2: IF AGE >=3 and <12

[Spoken to the minor's parent/guardian for minors with an age >= 3 and < 12]

I'm going to read questions on a number of topics. All questions will be asked directly to you as the parent or guardian of [minor's first name]. We have to ask the questions as they have been written so that everyone has the same questions. We will also take a few physical measurements for children that are over the age of 3.

Please let me finish reading the **entire** question completely before you answer. From time to time I will refer to cards to prompt you for answers.

I cannot interpret questions for you. Please choose the answer that is closest to what the question means to you. I will be happy to answer any questions you have about the interview when we are finished. We would like you to answer all the questions, but if you are uncomfortable with a question, you may choose not to answer it.

Do you have any questions before we begin?

The first questions will be on physical activity.

INTERVIEWER: HIT ENTER TO CONTINUE

HFM010_PRE3: IF AGE < 3

[Spoken to the minor's parent/guardian for minors with an age < 3]

I'm going to read questions on a number of topics. All questions will be asked directly to you as the parent or guardian of [minor's first name]. We have to ask the questions as they have been written so that everyone has the same questions.

Please let me finish reading the **entire** question completely before you answer. From time to time I will refer to cards to prompt you for answers.

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I cannot interpret questions for you. Please choose the answer that is closest to what the question means to you. I will be happy to answer any questions you have about the interview when we are finished. We would like you to answer all the questions, but if you are uncomfortable with a question, you may choose not to answer it.

Do you have any questions before we begin?

The first set of questions will be on sleep habits.

INTERVIEWER: HIT ENTER TO CONTINUE

IF AGE < 3 THEN SKIP TO SLM610

IF AGE >=3 and <12 then questions skip to PAM130

IF AGE >=12 then GO TO PAM010

IF AGE >=12 AND <18

PAM010 **INTERVIEWER:** ASK TO SEE IF [MINOR'S FIRST NAME] IS AVAILABLE TO ANSWER PHYSICAL ACTIVITY QUESTIONS [HIMSELF/HERSELF].

INTERVIEWER: IS THE INTERVIEWER SPEAKING TO [MINOR'S FIRST NAME]?

PAM010 FMT_YES_NOT_AVAIL.

<1> YES

<2> NO, NOT AVAILABLE (**END SURVEY –GO TO STATUS**)

PAM030 In a **typical week** do you spend time in any kind of moderate to vigorous physical activity that increases your heart rate and makes you sweat or breathe hard some of the time for at least 10 minutes continuously like basketball, soccer, running, swimming laps, fast bicycling, fast dancing or similar activities?

(PROBE IF NEEDED: Moderate-vigorous physical activity can include sports, fitness, recreational, transportation, school or work activities that cause a small to heavy increase in breathing or heart rate such as brisk walking, bicycling, swimming, or volleyball.)

PAM030 FMT_YES_NO.

<1> YES

<2> NO (**SKIP TO PAM060**)

<d> DON'T KNOW (**SKIP TO PAM060**)

<r> REFUSED (**SKIP TO PAM060**)

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PAM040 In a typical week, on how many days do you do moderate-vigorous intensity physical activities?

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational or travel activities cause small to heavy increases in breathing or heart rate and are done for at least 10 minutes continuously.)

PAM040 FMT_QD3B.

<1-7> DAYS
<d> DON'T KNOW
<r> REFUSED

PAM050 How much time do you spend doing moderate–vigorous intensity physical activities like sports, dance, fitness or recreational or travel on a typical day?

(PROBE IF NEEDED: Think about a typical day when you do moderate-intensity sports, fitness or recreational activities.)

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational activities cause small to large increases in breathing or heart rate and is done for at least 10 minutes continuously.)

**PAM050_N FMT_NUMERIC.
PAM050_U FMT_FREQ_MIN_HRS.**

<1-1440> NUMBER
<d> DON'T KNOW
<d> REFUSED

AND UNIT

<1> MINUTES
<2> HOURS

[PROGRAMMER: IF >24 hours or <10 MINUTES DISPLAY THIS MESSAGE:

THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS.

[PROGRAMMER: IF >4 hours GO TO PAM050err]

PAM050err **ERROR MESSAGE**

INTERVIEWER: YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT.

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<1> THIS IS INCORRECT, GO BACK TO PAM050
<2> THIS IS CORRECT, CONTINUE TO NEXT QUESTION

PAM060 During the school year, do you attend grade school, junior or high school?
PAM060 FMT_YES_NO.

<1> YES
<2> NO (**END SECTION; GO TO STM010_PRE**)

<d> DON'T KNOW (**END SECTION; GO TO STM010_PRE**)
<r> REFUSED (**END SECTION; GO TO STM010_PRE**)

PAM062 What is the name of the school that you attend during the school year?
[OPEN TEXT FIELD] **PAM062 \$FMT_CHAR.**

<d> DON'T KNOW (**SKIP TO PAM065**)
<r> REFUSED (**SKIP TO PAM065**)

PAM064 In which city is this school located? **PAM064 \$FMT_CHAR.**

[OPEN TEXT FIELD]

<d> DON'T KNOW
<r> REFUSED

PAM065 Are students at your school allowed to use school facilities during lunch or during a free or elective period, such as the gymnasium, tennis courts, weight room, or track, during school time?
PAM065 FMT_YES_NO.

<1> YES
<2> NO (**SKIP TO PAM080**)

<d> DON'T KNOW (**SKIP TO PAM080**)
<r> REFUSED (**SKIP TO PAM080**)

PAM070 Do you use school facilities for physical activity during school time?
PAM070 FMT_YES_NO.

<1> YES
<2> NO

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<d> DON'T KNOW
<r> REFUSED

PAM080 Do you have PE or gym during school days?

PAM080 FMT_YES_NO.

<1> YES
<2> NO (**END SECTION; GO TO STM010_PRE**)
<d> DON'T KNOW (**END SECTION; GO TO STM010_PRE**)
<r> REFUSED (**END SECTION; GO TO STM010_PRE**)

PAM085 How many days do you have PE or gym in a typical week?

<0-5> DAYS **PAM085 FMT_PAM085_.**

<d> DON'T KNOW
<r> REFUSED

PAM090 On average, how long is the PE or gym class?

<1> LESS THAN 30 MINUTES **PAM090 FMT_PAM090_.**
<2> 30-45 MINUTES
<3> MORE THAN 45 MINUTES

<d> DON'T KNOW
<r> REFUSED

[END SECTION; GO TO STM010_PRE]

IF AGE >=3 AND AGE < 12

PAM130 In a typical week does [MINOR'S FIRST NAME] spend time in any kind of moderate to vigorous physical activity that increases [his/her] heart rate and makes [him/her] sweat or breathe hard some of the time for at least 10 minutes continuously like basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar activities?

(PROBE IF NEEDED: Moderate-vigorous physical activity can include sports, fitness, recreational, transportation, school or work activities that cause a small to heavy increase in breathing or heart rate such as brisk walking, bicycling, swimming, or volleyball.)

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PAM130**FMT_YES_NO.**

- <1> YES
 <2> NO (**SKIP TO PAM160**)
- <d> DON'T KNOW (**SKIP TO PAM160**)
 <r> REFUSED (**SKIP TO PAM160**)

PAM140

In a **typical week**, on how many days does [he/she] do moderate-vigorous intensity physical activities?

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational or travel activities cause small to heavy increases in breathing or heart rate and are done for at least 10 minutes continuously.)

PAM140**FMT_QD3B.**

- <1-7> DAYS
- <d> DON'T KNOW
 <r> REFUSED

PAM150

How much time does [he/she] spend doing moderate–vigorous intensity physical activities like sports, dance, fitness or recreational or travel on a typical day?

(PROBE IF NEEDED: Think about a typical day when [he/she] does moderate-intensity sports, fitness or recreational activities.)

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational activities cause small to large increases in breathing or heart rate and is done for at least 10 minutes continuously.)

PAM150_N**FMT_NUMERIC.****PAM150_U****FMT_FREQ_MIN_HRS.**

<1-1440> NUMBER

- <d> DON'T KNOW
 <r> REFUSED

AND UNIT

- <1> MINUTES
 <2> HOURS

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[PROGRAMMER: IF >4 hours GO TO PAM150err]

PAM150err **ERROR MESSAGE**

INTERVIEWER: YOU HAVE RECORDED THAT THE MINOR SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT.

<1> THIS IS INCORRECT, GO BACK TO PAM050

<2> THIS IS CORRECT, CONTINUE TO NEXT QUESTION

PAM160 During the school year, does [he/she] attend preschool, grade school, junior or high school?

PAM160 FMT_YES_NO.

<1> YES

<2> NO (**END SECTION; GO TO STM110_PRE**)

<d> DON'T KNOW (**END SECTION; GO TO STM110_PRE**)

<r> REFUSED (**END SECTION; GO TO STM110_PRE**)

PAM162 What is the name of the school that [he/she] attends during the school year?

[OPEN TEXT FIELD] **PAM162 \$FMT_CHAR.**

<d> DON'T KNOW (**SKIP TO PAM165**)

<r> REFUSED (**SKIP TO PAM165**)

PAM164 In which city is this school located?

PAM164 \$FMT_CHAR.

[OPEN TEXT FIELD]

<d> DON'T KNOW

<r> REFUSED

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PAM165 Are students at [his/her] school allowed to use school facilities during lunch or during a free or elective period, such as the gymnasium, tennis courts, weight room, or track, during school time?

- <1> YES **PAM165 FMT_YES_NO.**
 <2> NO (**SKIP TO PAM180**)
 <d> DON'T KNOW (**SKIP TO PAM180**)
 <r> REFUSED (**SKIP TO PAM180**)

PAM170 Does [he/she] use school facilities for physical activity during school time?

- PAM170 FMT_YES_NO.**
 <1> YES
 <2> NO
 <d> DON'T KNOW
 <r> REFUSED

PAM180 Does [he/she] have PE or gym during school days?

- <1> YES **PAM180 FMT_YES_NO.**
 <2> NO (**END SECTION; GO TO STM110_PRE**)
 <d> DON'T KNOW (**END SECTION; GO TO STM110_PRE**)
 <r> REFUSED (**END SECTION; GO TO STM110_PRE**)

PAM185 How many days does [he/she] have PE or gym in a typical week?

- PAM185 FMT_PAM085_.**
 <0-5> DAYS
 <d> DON'T KNOW
 <r> REFUSED

PAM190 On average, how long is the PE or gym class?

- <1> LESS THAN 30 MINUTES **PAM190 FMT_PAM090_.**
 <2> 30-45 MINUTES
 <3> MORE THAN 45 MINUTES
 <d> DON'T KNOW
 <r> REFUSED

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