

Physical Activity in Minors

IF AGE < 3 THEN SKIP TO SLM610

PAM005 The next questions will be on physical activity.

INTERVIEWER: HIT ENTER TO CONTINUE

[IF AGE >=3 and <12 then GO TO PAM130]

[IF AGE >=12 then GO TO PAM010]

IF AGE >=12 AND <18

PAM010 **INTERVIEWER:** ASK TO SEE IF [MINOR'S FIRST NAME] IS AVAILABLE TO ANSWER PHYSICAL ACTIVITY QUESTIONS [HIMSELF/HERSELF].

INTERVIEWER: IS THE INTERVIEWER SPEAKING TO [MINOR'S FIRST NAME]?

PAM010 FMT_YES_NOT_AVAIL

<1> YES

<2> NO, NOT AVAILABLE (**END SURVEY –GO TO STATUS**)

PAM030 In a **typical week** do you spend time in any kind of moderate to vigorous physical activity that increases your heart rate and makes you sweat or breathe hard some of the time for at least 10 minutes continuously like basketball, soccer, running, swimming laps, fast bicycling, fast dancing or similar activities?

(PROBE IF NEEDED: Moderate-vigorous physical activity can include sports, fitness, recreational, transportation, school or work activities that cause a small to heavy increase in breathing or heart rate such as brisk walking, bicycling, swimming, or volleyball.)

PAM030 FMT_YES_NO.

<1> YES

<2> NO (**SKIP TO PAM060**)

<d> DON'T KNOW (**SKIP TO PAM060**)

<r> REFUSED (**SKIP TO PAM060**)

PAM040 In a typical week, on how many days do you do moderate-vigorous intensity physical activities?

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational or travel activities cause small to heavy increases in breathing or heart rate and are done for at least 10 minutes continuously.)

PAM040 FMT_QD3B.

<1-7> DAYS

<d> DON'T KNOW

Physical Activity in Minors

<r> REFUSED

PAM050

How much time do you spend doing moderate–vigorous intensity physical activities like sports, dance, fitness or recreational or travel on a typical day?

(PROBE IF NEEDED: Think about a typical day when you do moderate-intensity sports, fitness or recreational activities.)

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational activities cause small to large increases in breathing or heart rate and is done for at least 10 minutes continuously.)

<1-1440>	NUMBER	PAM050_N	FMT_NUMERIC.
<d>	DON'T KNOW	PAM050_U	FMT_FREQ_MIN_HRS.
<d>	REFUSED		

AND UNIT

<1> MINUTES
<2> HOURS

[PROGRAMMER: IF >24 hours or <10 MINUTES DISPLAY THIS MESSAGE:

THE TIME SHOULD BE 10 MINUTES OR MORE, BUT LESS THAN 24 HOURS.

[PROGRAMMER: IF >4 hours GO TO PAM050err]

PAM050err

ERROR MESSAGE

INTERVIEWER: YOU HAVE RECORDED THAT THE SP SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT.

<1>THIS IS INCORRECT, GO BACK TO PAM050
<2> THIS IS CORRECT, CONTINUE TO NEXT QUESTION

PAM060

During the school year, do you attend grade school, junior or high school?

<1>	YES	PAM060	FMT_YES_NO.
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Physical Activity in Minors

<2> NO (**END SECTION; GO TO STM010_PRE**)

<d> DON'T KNOW (**END SECTION; GO TO STM010_PRE**)

<r> REFUSED (**END SECTION; GO TO STM010_PRE**)

PAM062 What is the name of the school that you attend during the school year?

[OPEN TEXT FIELD]

PAM062 **\$FMT_CHAR.**

<d> DON'T KNOW (**SKIP TO PAM065**)

<r> REFUSED (**SKIP TO PAM065**)

PAM064 In which city is this school located?

PAM064 **\$FMT_CHAR.**

[OPEN TEXT FIELD]

<d> DON'T KNOW

<r> REFUSED

PAM065 Are students at your school allowed to use school facilities during lunch or during a free or elective period, such as the gymnasium, tennis courts, weight room, or track, during school time?

PAM065 **FMT_YES_NO.**

<1> YES

<2> NO (**SKIP TO PAM080**)

<d> DON'T KNOW (**SKIP TO PAM080**)

<r> REFUSED (**SKIP TO PAM080**)

PAM070 Do you use school facilities for physical activity during school time?

<1> YES

PAM070 **FMT_YES_NO.**

<2> NO

<d> DON'T KNOW

<r> REFUSED

Physical Activity in Minors

PAM080 Do you have PE or gym during school days?

PAM080 **FMT_YES_NO.**

<1> YES

<2> NO (**END SECTION; GO TO STM010_PRE**)

<d> DON'T KNOW (**END SECTION; GO TO STM010_PRE**)

<r> REFUSED (**END SECTION; GO TO STM010_PRE**)

PAM085 How many days do you have PE or gym in a typical week?

PAM085 **FMT_PAM085_.**

<0-5> DAYS

<d> DON'T KNOW

<r> REFUSED

PAM090 On average, how long is the PE or gym class?

<1> LESS THAN 30 MINUTES **PAM090** **FMT_PAM090_.**

<2> 30-45 MINUTES

<3> MORE THAN 45 MINUTES

<d> DON'T KNOW

<r> REFUSED

[END SECTION; GO TO STM010_PRE]

IF AGE >=3 AND AGE < 12

PAM130 In a typical week does [MINOR'S FIRST NAME] spend time in any kind of moderate to vigorous physical activity that increases [his/her] heart rate and makes [him/her] sweat or breathe hard some of the time for at least 10 minutes continuously like basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar activities?

(PROBE IF NEEDED: Moderate-vigorous physical activity can include sports, fitness, recreational, transportation, school or work activities that cause a small to heavy increase in breathing or heart rate such as brisk walking, bicycling, swimming, or volleyball.)

PAM130 **FMT_YES_NO.**

<1> YES

<2> NO (**SKIP TO PAM160**)

Physical Activity in Minors

<d> DON'T KNOW (**SKIP TO PAM160**)

<r> REFUSED (**SKIP TO PAM160**)

PAM140 In a **typical week**, on how many days does [he/she] do moderate-vigorous intensity physical activities?

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational or travel activities cause small to heavy increases in breathing or heart rate and are done for at least 10 minutes continuously.)

<1-7> DAYS

PAM140 FMT_QD3B.

<d> DON'T KNOW

<r> REFUSED

PAM150 How much time does [he/she] spend doing moderate–vigorous intensity physical activities like sports, dance, fitness or recreational or travel on a typical day?

(PROBE IF NEEDED: Think about a typical day when [he/she] does moderate-intensity sports, fitness or recreational activities.)

(PROBE IF NEEDED: Moderate-vigorous intensity sports, fitness or recreational activities cause small to large increases in breathing or heart rate and is done for at least 10 minutes continuously.)

PAM150_N FMT_NUMERIC.

PAM150_U FMT_FREQ_MIN_HRS.

<1-1440> NUMBER

<d> DON'T KNOW

<r> REFUSED

AND UNIT

<1> MINUTES

<2> HOURS

[PROGRAMMER: IF >24 hours or <10 MINUTES DISPLAY THIS MESSAGE:

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[PROGRAMMER: IF >4 hours GO TO PAM150err]

PAM150err **ERROR MESSAGE**

Physical Activity in Minors

INTERVIEWER: YOU HAVE RECORDED THAT THE MINOR SPENDS MORE THAN 4 HOURS DOING MODERATE-INTENSITY RECREATIONAL ACTIVITIES ON A TYPICAL DAY. PLEASE CONFIRM WITH SP THAT OVER 4 HOURS IS CORRECT.

<1> THIS IS INCORRECT, GO BACK TO PAM050

<2> THIS IS CORRECT, CONTINUE TO NEXT QUESTION

PAM160 During the school year, does [he/she] attend preschool, grade school, junior or high school?

<1> YES **PAM160 FMT_YES_NO.**

<2> NO (**END SECTION; GO TO STM110_PRE**)

<d> DON'T KNOW (**END SECTION; GO TO STM110_PRE**)

<r> REFUSED (**END SECTION; GO TO STM110_PRE**)

PAM162 What is the name of the school that [he/she] attends during the school year?

[OPEN TEXT FIELD] **PAM162 \$FMT_CHAR.**

<d> DON'T KNOW (**SKIP TO PAM165**)

<r> REFUSED (**SKIP TO PAM165**)

PAM164 In which city is this school located?

[OPEN TEXT FIELD] **PAM164 \$FMT_CHAR.**

<d> DON'T KNOW

<r> REFUSED

PAM165 Are students at [his/her] school allowed to use school facilities during lunch or during a free or elective period, such as the gymnasium, tennis courts, weight room, or track, during school time?

<1> YES **PAM165 FMT_YES_NO.**

<2> NO (**SKIP TO PAM180**)

<d> DON'T KNOW (**SKIP TO PAM180**)

<r> REFUSED (**SKIP TO PAM180**)

Physical Activity in Minors

PAM170 Does [he/she] use school facilities for physical activity during school time?

<1> YES **PAM170** **FMT_YES_NO.**

<2> NO

<d> DON'T KNOW

<r> REFUSED

PAM180 Does [he/she] have PE or gym during school days?

<1> YES **PAM180** **FMT_YES_NO.**

<2> NO **(END SECTION; GO TO STM110_PRE)**

<d> DON'T KNOW **(END SECTION; GO TO STM110_PRE)**

<r> REFUSED **(END SECTION; GO TO STM110_PRE)**

PAM185 How many days does [he/she] have PE or gym in a typical week?

<0-5> DAYS **PAM185** **FMT_PAM085_.**

<d> DON'T KNOW

<r> REFUSED

PAM190 On average, how long is the PE or gym class?

<1> LESS THAN 30 MINUTES **PAM190** **FMT_PAM090_.**

<2> 30-45 MINUTES

<3> MORE THAN 45 MINUTES

<d> DON'T KNOW

<r> REFUSED