

APPENDIX E: ANTHROPOMETRY & BLOOD PRESSURE (ANT) (BP)

START TIME: _____

END TIME: _____

INTERVIEWER: Check last page of SAQ and enter Height and Weight listed on last page in WHQ 010 and WHQ025 below. If SAQ is not done or incomplete, ask WHQ010 and 025 before beginning the Anthropometry Measurements

WHQ.010. How tall are you without shoes? [Enter height in feet and inches or meters and centimeters]

 |_|_|
Enter number of feet
WHQ010_A FMT_NUMERIC.

AND

 |_|_|_| . |_|_|_|
Enter number of inches
WHQ010_B FMT_NUMERIC.

OR

 |_|_|_|_|
Enter number of meters
WHQ010_C FMT_NUMERIC.

AND

 |_|_|_|_| . |_|_|
Enter number of
centimeters
WHQ010_D FMT_NUMERIC.

OR

Refused 7777

Don't Know 9999

WHQ.025. How much do you weigh without clothes or shoes? [FOR FEMALES UP TO AGE 59 ONLY]: If you are currently pregnant, how much did you weigh **before** your pregnancy? [Record current weight enter weight in pounds or kilograms]

 |_|_|_|_| . |_|_|_|_|
Enter number of pounds
WHQ025_A FMT_NUMERIC.

OR

 |_|_|_|_| . |_|_|
Enter number of kilograms
WHQ025_B FMT_NUMERIC.

OR

Refused 7777

Don't Know 9999

ARM MEASUREMENT	VALUE	COMMENT (Note if shoes left on or kept their clothes on)
Forearm measurement from shoulder to elbow: <i>ANT010 FMT_NUMERIC.</i>	_____cm	<i>ANT010_X FMT_CHAR.</i>
Midpoint of the upper right arm length (half of the measurement taken above):	_____cm	
Right Mid-arm Circumference: <i>ANT 030 FMT_NUMERIC.</i>	_____cm _____cm	<i>ANT030_X FMT_CHAR.</i>
BLOOD PRESSURE READINGS Arm: <i>BP040_ARM FMT_LR.</i> Mastectomy: <i>BP040_MAS FMT_YES_NO.</i> Sore or injured: <i>BP040_INJ FMT_YES_NO.</i> Dialysis shunt: <i>BP040_DIA FMT_YES_NO.</i>	Cuff Size Used	SIZES GO HERE
First BP <i>BP040_1A / BP040_1B FMT_NUMERIC.</i>	_____/____	
Second BP <i>BP040_2A / BP040_2B FMT_NUMERIC.</i>	_____/____	
Third BP <i>BP040_2A / BP040_2B FMT_NUMERIC.</i>	_____/____	
Average BP	_____/____	
AVERAGE/LAST PULSE <i>BP050 FMT_NUMERIC.</i>		<i>BP050_X FMT_CHAR.</i>
HEIGHT,WEIGHT, WAIST & HIP MEASUREMENTS		
Standing height (1 double entry measurement): <i>ANT060_1 FMT_NUMERIC.</i> <i>ANT060_2 FMT_NUMERIC.</i> <i>ANT060_3 FMT_NUMERIC.</i>	_____cm _____cm	<i>ANT060_X FMT_CHAR.</i> <input type="checkbox"/> Not able to stand straight <input type="checkbox"/> Shoes kept on <i>ANT060_Y FMT_YES_NO.</i>
Standing Weight (1 double entry measurement) <i>ANT070 FMT_NUMERIC.</i>	_____kg _____kg	<i>ANT070_X FMT_CHAR.</i> <input type="checkbox"/> Own Clothes kept on <i>ANT070_Y FMT_YES_NO.</i> <input type="checkbox"/> Two Scales used
Waist circumference (2-3 measurements) <i>ANT080_1 FMT_NUMERIC.</i> <i>ANT080_2 FMT_NUMERIC.</i> <i>ANT090_3 FMT_NUMERIC.</i>	_____cm _____cm _____cm	<i>ANT080_X FMT_CHAR.</i>

<p>Hip Circumference (2-3 measurements)</p> <p><i>ANT090_1 FMT_NUMERIC.</i></p> <p><i>ANT090_2 FMT_NUMERIC.</i></p> <p><i>ANT090_3 FMT_NUMERIC.</i></p>	<p>_____cm</p> <p>_____cm</p> <p>_____cm</p>	<p><i>ANT090_X FMT_CHAR.</i></p> <p><input type="checkbox"/> Own Clothes kept on <i>ANT090_Y</i></p> <p><i>FMT_YES_NO.</i></p>
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